

The Hollow Tree Fighting Addiction With Traditional Native Healing Paperback

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The Hollow Tree Fighting Addiction

His powerful autobiography, The Hollow Tree, tells the story of his struggle to overcome addiction with the help of the spiritual teachings and brotherly love of his elders. Nabigon had spent much of his life wrestling with self-destructive impulses, feelings of inferiority an Before discovering native healing methods, Herb Nabigon could not imagine a life without alcohol.

The Hollow Tree: Fighting Addiction with Traditional ...

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The Hollow Tree: Fighting Addiction with Traditional ...

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The Hollow Tree: Fighting Addiction with Traditional ...

Hollow Tree: Fighting Addiction with Traditional Native Healing Canadian Electronic Library: Canadian publishers collection Issue 49 of McGill-Queen's native and northern series: Author: Herb Nabigon: Publisher: McGill-Queen's Press - MQUP. 2006: ISBN: 0773576258, 9780773576254: Length: 142 pages: Subjects

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Hollow Tree, The | McGill-Queen's University Press

In Nabigon's book The Hollow Tree: Fighting Addiction with Traditional Native Healing, he provides to readers the medicine wheel teachings which comprise "ancient daily rituals and ceremonies dating as far back as the early Stone Age and is now being revealed by its keepers, the Indigenous peoples" (Nabigon, 2006, p. 60).

Excellent book: The Hollow Tree: Fighting Addiction with ...

Summary: "Before discovering native healing methods, Herb Nabigon could not imagine a life without alcohol. The Hollow Tree, tells the story of his struggle to overcome addiction with the help of the spiritual teachings and brotherly love of his Elders.

The hollow tree : fighting addiction with traditional ...

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Hollow Tree: Fighting Addiction with Traditional Native ...

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Hollow Tree: Fighting Addiction with Traditional Native ...

In his autobiographical book, The Hollow Tree: Fighting Addiction with Traditional Native Healing, Nabigon, who is Anishinaabe, described it as based on the Twelve-Step recovery programme "combined with Native American healing traditions" ([12], pp. 30-31).

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The Hollow Tree: Fighting Addiction with Traditional Native Healing (Volume 49) (McGill-Queen's Native and Northern Series)

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[Review of the book The Hollow Tree: Fighting Addiction with Traditional Native Healing, by H. Na bigon]. Native Studies Review , 19(2), 148-150. Gehl, L. (2004).

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The Hollow Tree is quite a dark read- it's about solving the pasts' grim mystery in a web of myths. Myths which Let's start with the most important- i really really really really really really really - takes a breath- really really really really really really liked this book.

The Hollow Tree by James Brogden - Goodreads

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